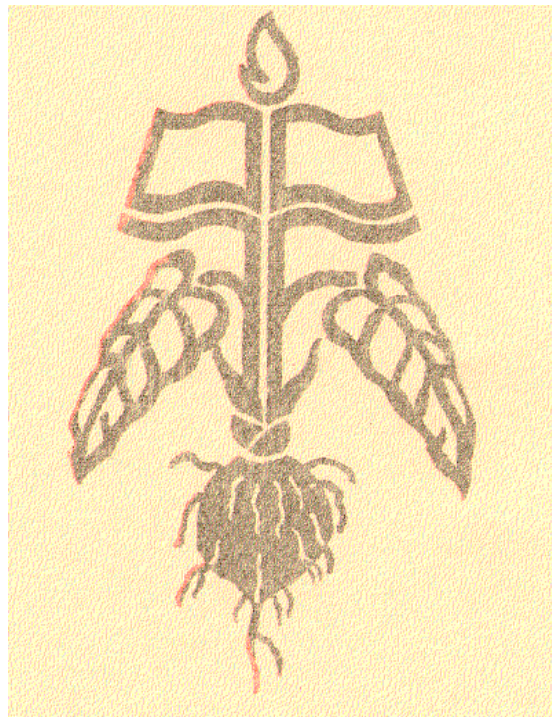


**College Opportunities Program
Entering Freshmen Profile
for 1998 - 2004**

General Trends



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Introduction

The New Student Survey (NSS) has been administered to first-time freshmen College Opportunity Program (COP) students during each summer from 1998 to 2004 by the Research and Assessment Office in cooperation with the COP.

COP is composed of individuals whose ethnic backgrounds are underrepresented on campus and who may have not met University of Hawaii's admission standards but have the potential of succeeding in college.

The survey measures student characteristics, goals, expectations, needs, values and perceptions on numerous topics. The results assist program personnel in monitoring and improving the educational experiences of COP students.

This report can also be found on the Office of Student Affairs web site at:
http://www.hawaii.edu/osa/Assessment_Reports.html

A total of 91 COP students responded to the New Student Survey in 1998, 74 in 1999, 77 in 2000, 72 in 2001, 65 in 2002, 59 in 2003, and 49 in 2004. These figures represent 100 percent of the 1998 to 2002 COP cohorts and 89 percent of the 2003 and 2004 COP cohorts.

The New Student Survey was developed by the New Student Survey Committee. Contributions and reviews came from the Office of Student Affairs directors and staff, the UHM Faculty Senate Student Affairs Committee and numerous faculty, staff and students. Piloting occurred during fall 1997 with a large freshmen level sociology course, College Opportunities Program students and international students. The survey was developed in 1998 and revised in 2004 with involvement and contributions from the Student Affairs Committee and OSA directors.

All cohorts were administered the survey during the first week of the summer session except for the 2004 cohorts. They were administered the survey during the fifth week. Consequently the results of certain items need to be interpreted with this in mind. The 1998 to 2003 New Student Survey was a paper based survey designed and developed as a scannable form. Completed surveys were scanned by Information Technology Services and analyzed and reported by the student affairs researcher. The 2004 survey was a Web-based survey administered to COP students through a WebCT course managed by the COP director. The results were analyzed and reported by the student affairs researcher.

There are four parts to this report. Part one is the introduction. Part two is a bulleted list of the general characteristics of 2004 COP students. Part three highlights trends in the COP program. Brief narratives are followed by graphs with tables displaying the trend data. Part four are the complete data tables representing the New Student Survey.

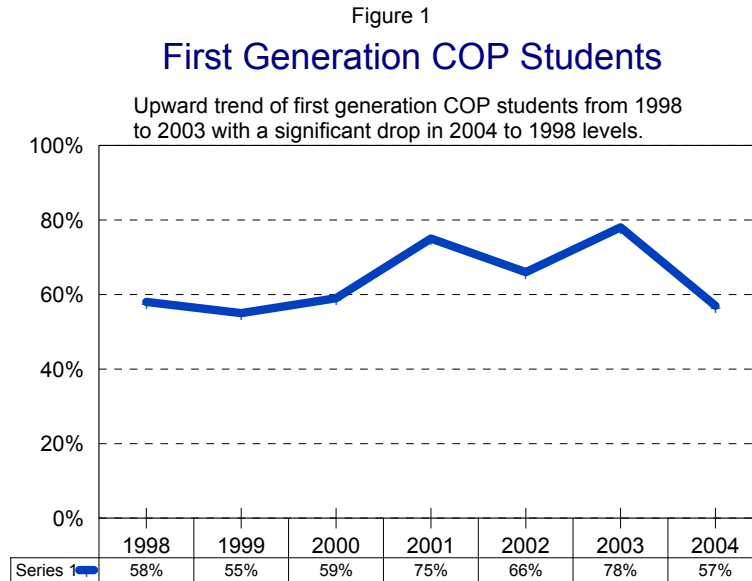
General Characteristics of 2004 COP Students

In general 2004 COP students may be described as follows:

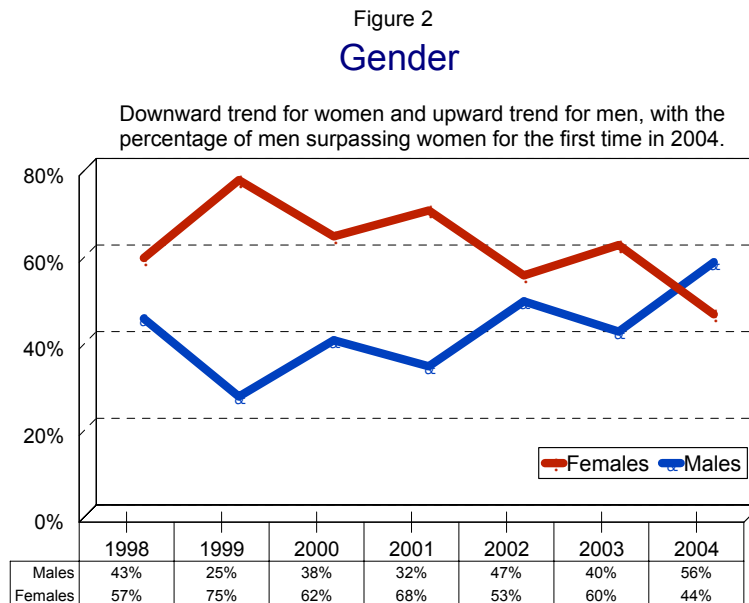
- full-time 18 year old students
- first-time students from Hawai'i living on-campus
- mainly first generation college students
- mainly men
- mainly Hawaiian/Part-Hawaiian, Filipino, Pacific Islander or Mixed in ethnicity
- from public Oahu high schools followed by private Oahu high schools
- from low income families
- relying primarily on grants followed by parents and loans for college funding
- earning below average high school grades
- attending UH-Manoa primarily because it is close to home
- shaped by parents, family members and high school counselors in their decision to attend UHM
- used the Internet/Web page to obtain information about UHM
- 9 in 10 have computers available for use at home
- the average time spent on the Internet is 6 hours per week
- proud to be a UHM student and confident that coming to UHM was the right decision
- attending college primarily to get a better job
- majoring in a wide range of fields with engineering and nursing being most popular
- however, many express a need to decide upon a career goal
- a major college objective is to learn career-related skills
- anticipating taking four years to graduate
- however, nearly half plan to change their major fields
- 4 in 10 anticipate that they will graduate from college
- 3 in 10 expect to transfer to another institution
- expect that the cost of education will be a major barrier to achieving their career goals
- planning to work an average of 20 hours a week to pay for college and personal expenses
- 6 in 10 must work at least part-time to stay in college

General Trends

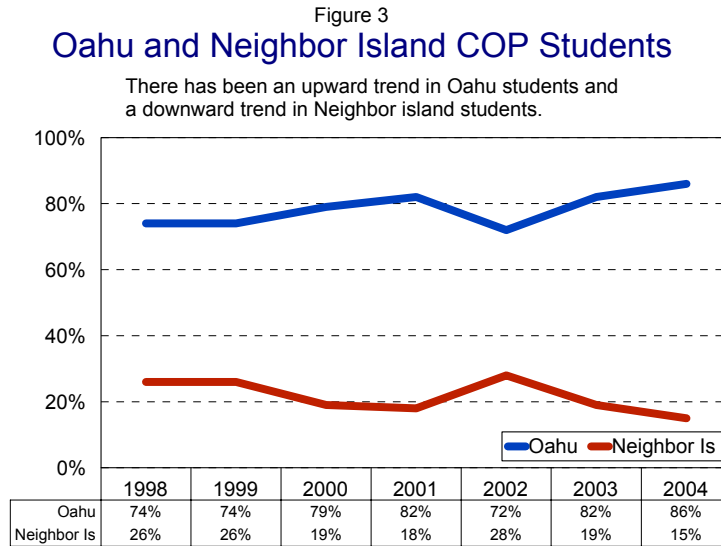
From 1998 to 2003, there was an upward trend in the percentage of first generation COP students, followed by a significant drop in 2004 to 1998 levels. See Figure 1.



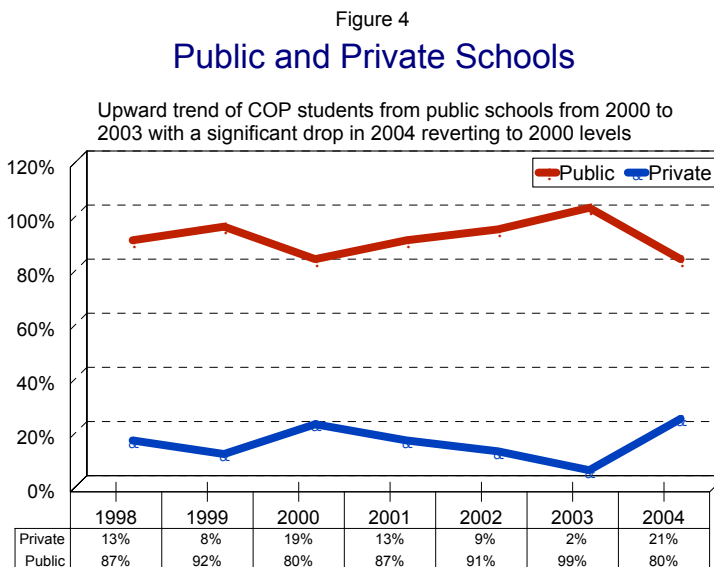
For the first time in 2004, men outnumbered women in the COP. The percentage of women declined from a high of 75 percent in 1999 to an all time low of 44 percent in 2004. Conversely, men increased over the years from a low of 25 percent in 1999 to an all time high of 56% in 2004. See Figure 2.



COP has always had more Oahu than Neighbor Island students participate in the program. There has been an upward trend in the percentage of Oahu students participating in COP and a corresponding downward trend in Neighbor Island students. The greatest difference between groups occurred in 2004. See Figure 3

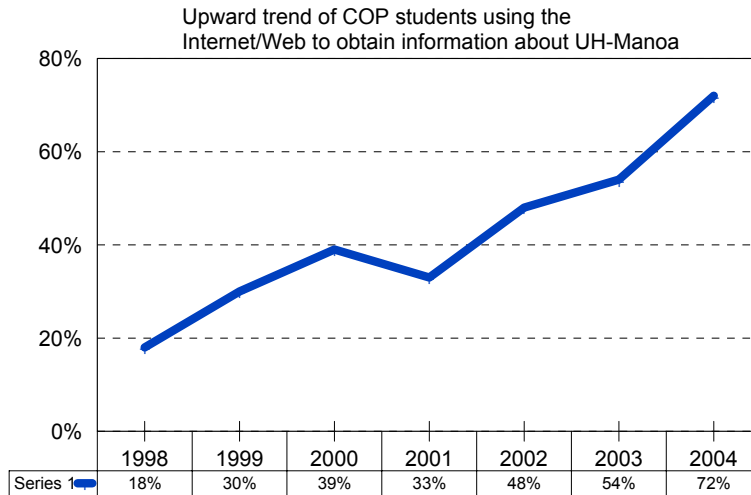


A large majority of COP students have traditionally come from public rather than private schools. There has been a steady upward trend of the percentage of students coming from public schools from 2000 to 2003 with a significant drop in 2004 reverting to 2000 levels. Conversely there was a steady downward trend of students coming from private schools from 2000 to 2003 with an upward spurt in 2004 exceeding earlier percentages of students coming from private schools. See Figure 4.



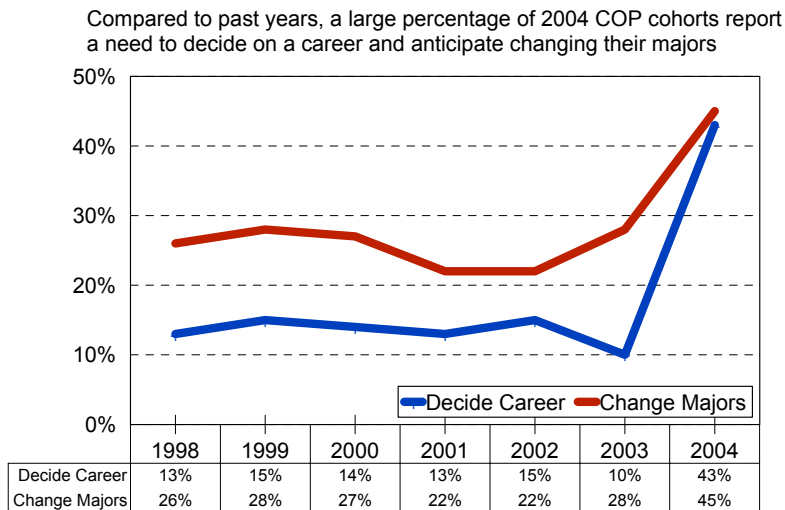
There is an upward trend of COP students using the Internet or UH-Manoa's Web site to obtain information about UH-Manoa. See Figure 5.

Figure 5
Obtain Information About UHM From Web Page



Compared to past years, a large percentage of the 2004 COP cohort need to decide on a career. They also anticipate changing major fields from the one that seems most appropriate to them at this time. See Figure 6.

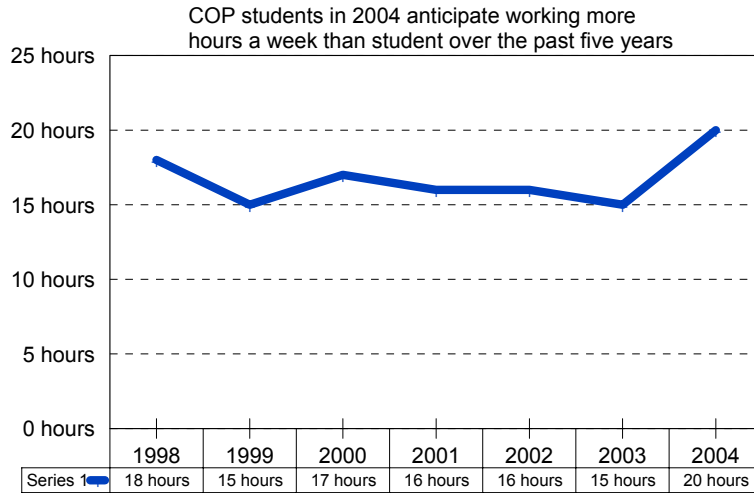
Figure 6
Career Decisions and Changing Majors



COP students today anticipate working on an average more hours than students in the past five years. See Figure 7.

Figure 7

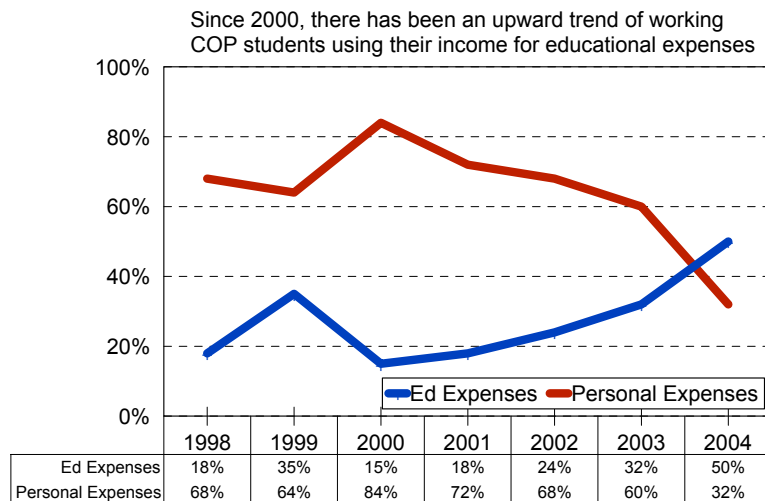
Anticipated Hours of Work Per Week



COP students who are employed part-time increasingly over the years use their job income to cover educational expenses rather than personal or other expenses. For the first time in 2004, more employed COP students are using their income for educational rather than for other purposes. See Figure 8.

Figure 8

Use Income To Pay For Educational Expenses

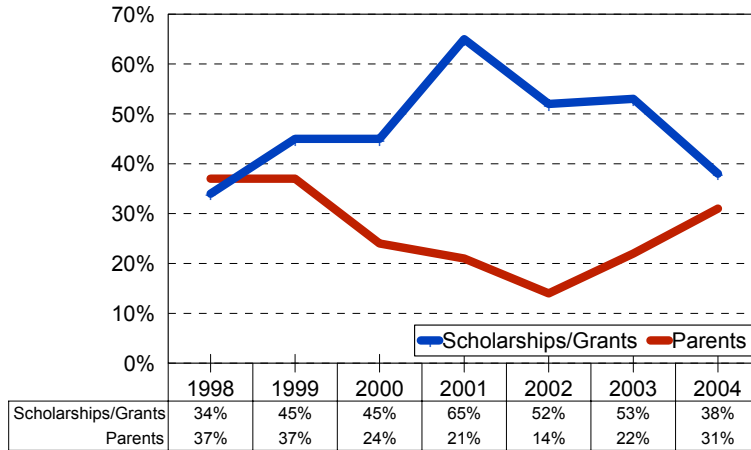


Since 2001 and 2002 a growing number of COP students rely more on their parents or guardians than on scholarships and grants to fund their college education, thus reversing a trend which began in 1998. See Figure 9.

Figure 9

College Finances

A growing number of COP students over the years rely more on their parents and less on scholarships and grants to fund their college education

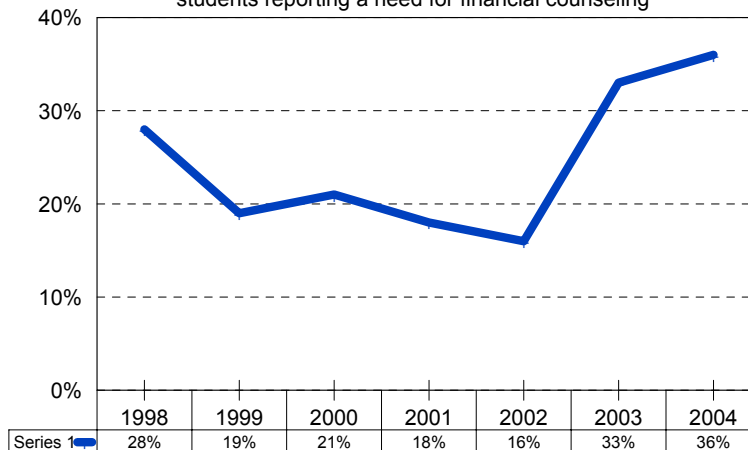


Since 2002 there has been an upward trend of COP students reporting a need for financial counseling. See Figure 10.

Figure 10

Need for Financial Counseling

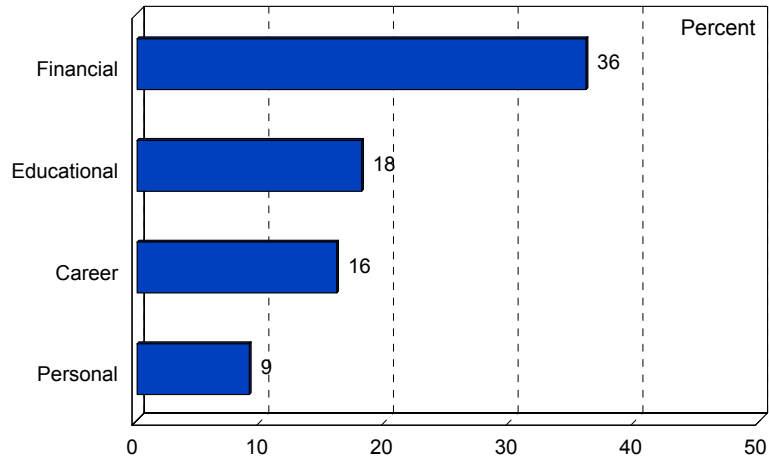
Since 2002 there has been an upward trend of COP students reporting a need for financial counseling



Furthermore in 2004, COP students reported more of a need for financial counseling (36 percent) than educational (18 percent), career (6 percent) or personal (9 percent) counseling. See Figure 11.

Figure 11

Counseling Needs

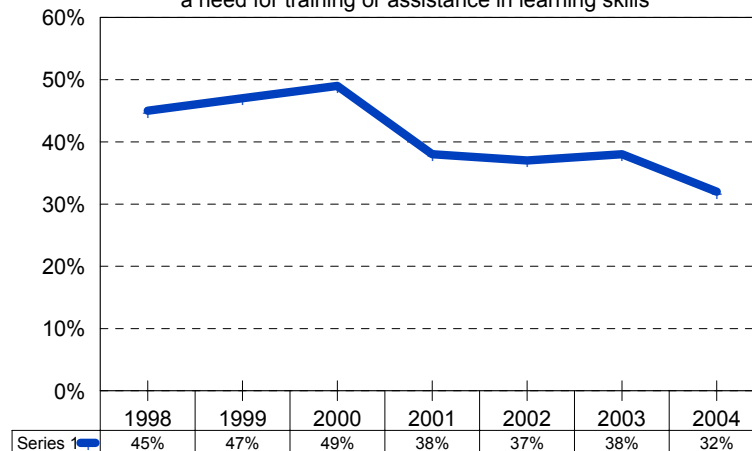


There is a downward trend of COP students reporting a need for training or assistance in learning or study skills. See Figure 12.

Figure 12

Need for Training in Learning Skills

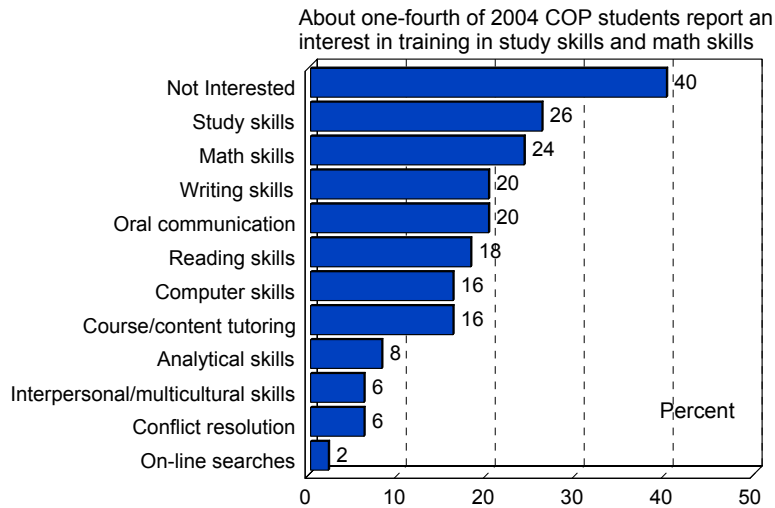
There is a downward trend of COP students reporting a need for training or assistance in learning skills



However, about one-fourth of 2004 COP students report an interest in training or assistance in learning study skills or math skills. See Figure 13.

Figure 13

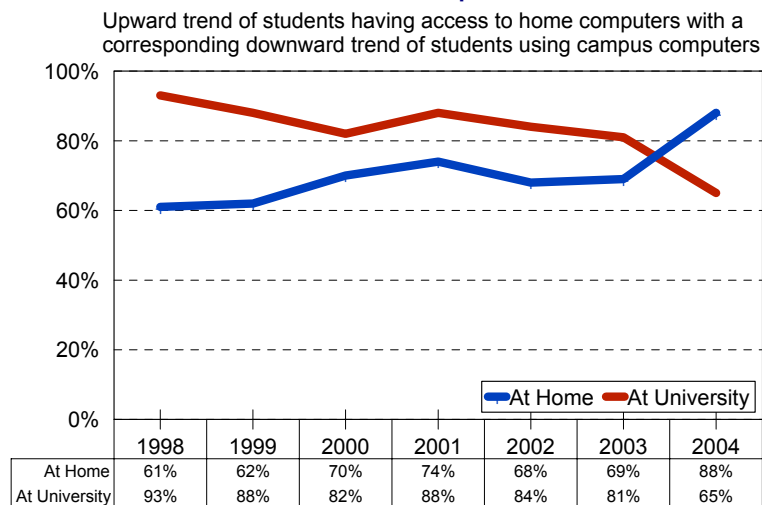
Would Attend Training Sessions



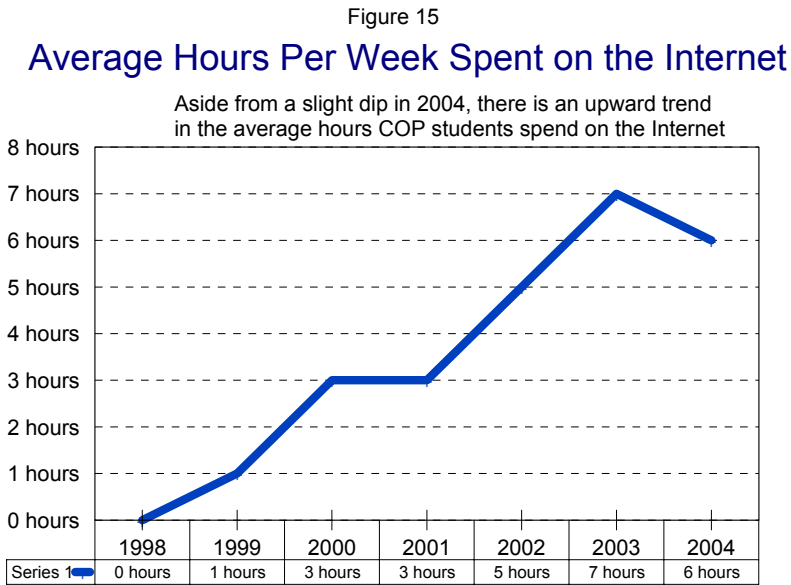
There is an upward trend of students having access to home computers with a corresponding downward trend of students using campus computers. For the first time in 2004, more COP students have access to computers at home than students needing access to University computers. See Figure 14. Further, one-fourth of those with computers have wireless (WiFi, 802.11) capability. See Table 19.

Figure 14

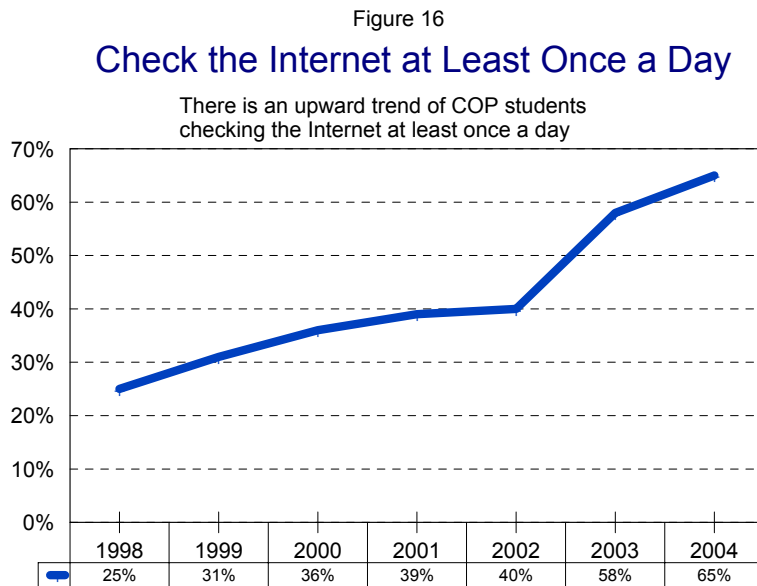
Use of Computers



Aside from a slight dip in 2004, there is an upward trend in the average hours per week COP students spend on the Internet. See Figure 15.



There is an upward trend of COP students using the Internet at least once a day. See Figure 16. About three-fourths of them are comfortable navigating the World Wide Web, are confident about their word processing skills, and know how to use electronic mail. See Table 20.

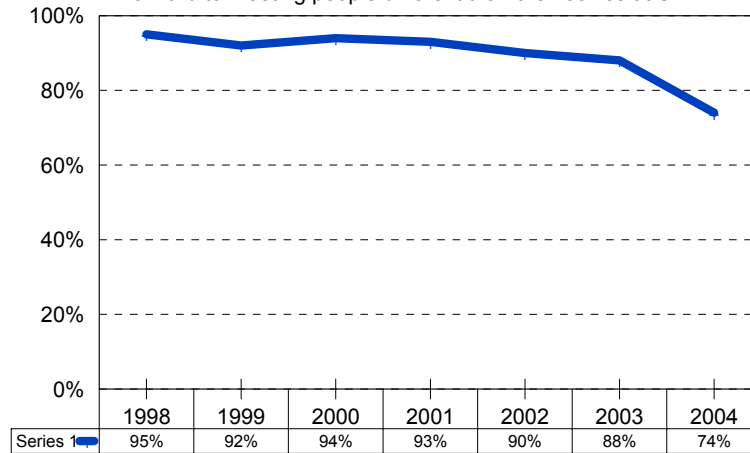


There is a downward trend of COP students looking forward to meeting people different than themselves at UHM. See Figure 17. However, 2004 COP cohorts report that only 33 percent of their friends are of a same race, and 67 percent report having a close friend who is of a different race. See Table 21.

Figure 17

Looking Forward to Meeting People Different From Me

There is a downward trend of COP students looking forward to meeting people different than themselves at UHM

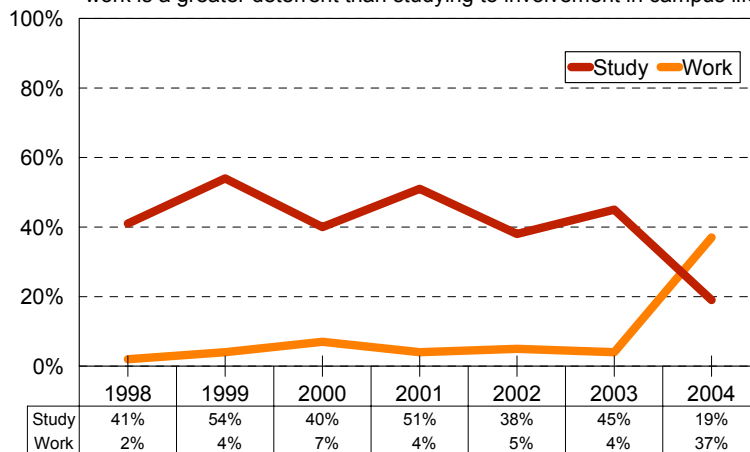


Unlike other COP cohorts of past years, the 2004 cohort reports that their work rather than their study schedule is a deterrent to their involvement in campus life. See Figure 18. As mentioned above and noted in Figure 7, this cohort anticipates working on the average 5 hours more a week than earlier cohorts.

Figure 18

Deterrent to Involvement in Campus Life

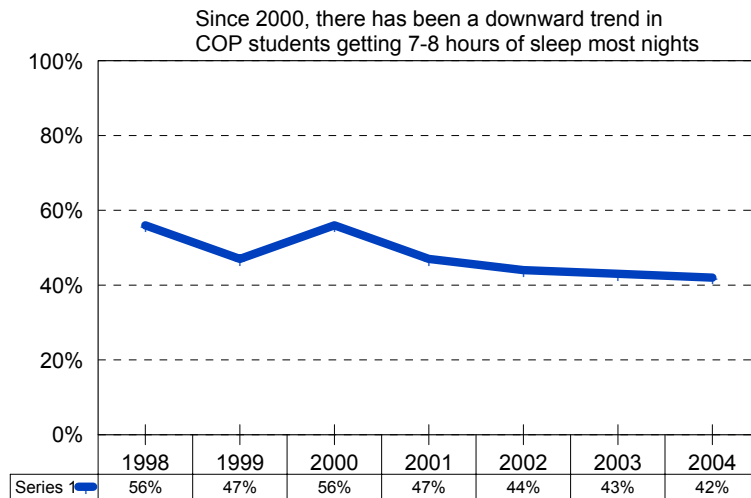
Unlike other COP cohorts of past years, the 2004 cohort reports that work is a greater deterrent than studying to involvement in campus life



Since 2000, there has been a downward trend of COP students getting 7-8 hours of sleep most nights. See Figure 19.

Figure 19

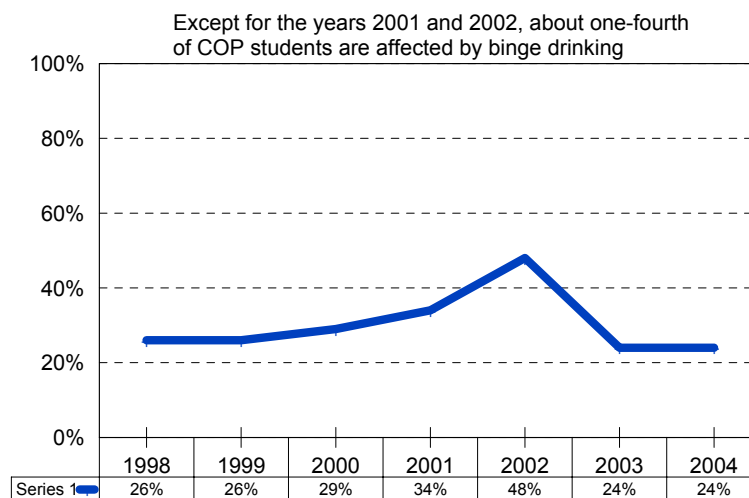
Sleep



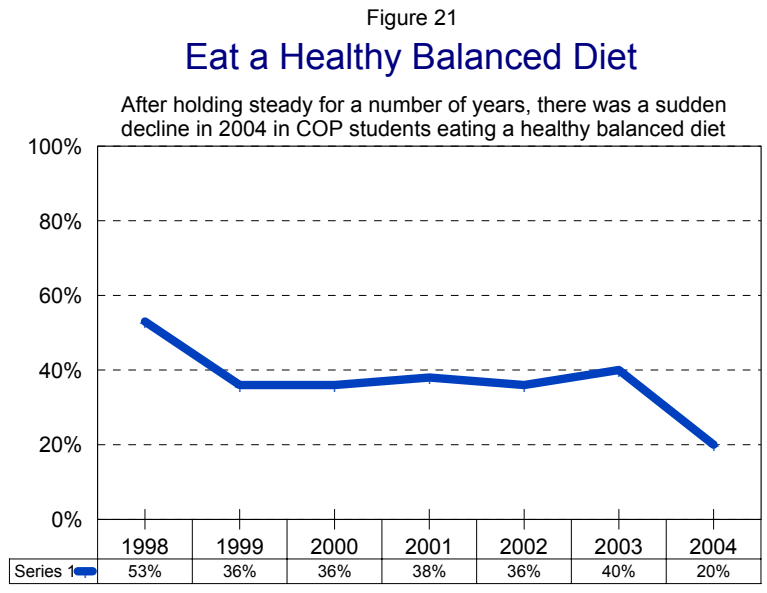
Except for the years 2001 and 2002, about one fourth of COP students binge drink or drank five or more alcoholic drinks in one occasion during the last month before being surveyed. See Figure 20.

Figure 20

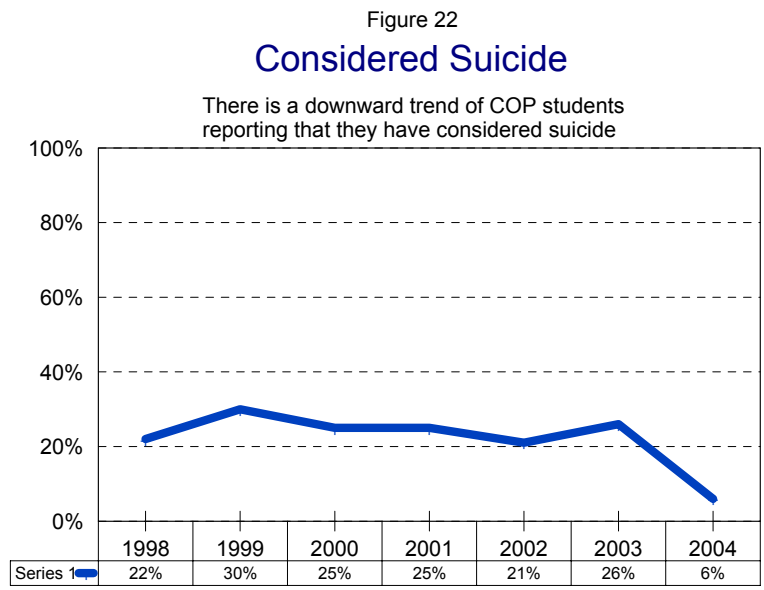
Binge Drinking



After holding steady from 1999 to 2003, there was a sudden decline to 20% of students reporting that they eat a healthy balanced diet. See Figure 21.



There has been a downward trend of COP students reporting considering suicide. Figure 22.



College Opportunities Program
Entering Freshman Profile for 1998-2004
Data Tables

Table 1 Student Characteristics

Student Characteristics	1998 COP %	1999 COP %	2000 COP %	2001 COP %	2002 COP %	2003 COP %	2004 COP %
Enrollment Status							
1 Full-Time	98	99	99	100	97	100	100
2 Part-Time	2	1	1	0	3	0	0
<i>n</i>	90	74	76	72	65	59	48
Gender							
1 Male	43	25	38	32	47	40	56
2 Female	57	75	62	68	53	60	44
<i>n</i>	91	73	76	72	65	59	48
Marital Status							
1 Single							98
2 Divorced							0
3 Widowed							0
4 Married							2
<i>n</i>							48
Primary Care Giver							
1 No							100
2 Yes, of a child							0
3 Yes, of an adult							0
<i>n</i>							48

Table 1 Student Characteristics (Continued 1)								
Student Characteristics	1998	1999	2000	2001	2002	2003	2004	
	COP	COP	COP	COP	COP	COP	COP	COP
	%	%	%	%	%	%	%	%
Ethnicity								
1 American Indian or Alaskan Native	0	3	0	1	2	0	0	
2 African American or Black	1	0	3	1	0	2	2	
3 Caucasian/White	2	3	1	1	2	0	0	
4 Hispanic	3	0	1	3	5	4	2	
5 Asian Indian								0
6 Chinese	1	0	0	0	2	0	2	
7 Filipino	36	38	30	17	27	27	48	
8 Japanese	2	1	0	4	2	4	4	
9 Korean	0	0	0	0	2	4	0	
10 Laotian								0
11 Thai								0
12 Vietnamese								0
13 Other Asian								0
14 Native Hawaiian/Part-Hawaiian	31	23	38	44	32	25	19	
15 Samoan								2
16 Tongan								0
17 Guamanian or Chamorro								0
18 Micronesian								2
19 Other Pacific Islander								0
20 Mixed Asian								0
21 Mixed Pacific Islander								8
22 Mixed Race (two or more races)	16	18	20	16	20	15	10	
23 Other	0	6	1	1	2	6	0	
24 Pacific Islander	6	8	5	11	4	12	0	
25 Portuguese	1	0	0	0	0	2	0	
26 Middle Easterner	0	0	0	0	2	0	0	
	<i>n</i>	88	73	76	72	65	59	48

Table 1 Student Characteristics (Continued 2)								
Student Characteristics	1998	1999	2000	2001	2002	2003	2004	
	COP	COP	COP	COP	COP	COP	COP	COP
	%	%	%	%	%	%	%	%
Transfer Status								
1 No, first-time student	100	100	100	100	100	100	100	100
2 UH Community College	0	0	0	0	0	0	0	0
3 UH-Hilo	0	0	0	0	0	0	0	0
4 UH-West Oahu	0	0	0	0	0	0	0	0
5 Other college or university	0	0	0	0	0	0	0	0
	<i>n</i> 91	74	77	72	65	59	48	
Median Age								
	18	18	18	18	18	18	18	18
	<i>n</i> 91	73	77	72	65	59	48	
High School Attended								
1 Public Oahu	62	66	62	69	63	80	65	
2 Public Neighbor Island	25	26	18	18	28	19	15	
3 Public Mainland	0	0	0	0	0	0	0	
4 Private Oahu	12	8	17	13	9	2	21	
5 Private Neighbor Island	1	0	1	0	0	0	0	
6 Private Mainland	0	0	0	0	0	0	0	
7 Other	0	0	1	0	0	0	0	
	<i>n</i> 91	74	76	72	65	59	48	
Disability								
1 No disability	89	92	93	96	92	88	98	
2 Health related	1	3	1	1	0	3	0	
3 Hearing impairment	0	1	0	0	2	0	0	
4 Learning disability	2	0	1	0	0	0	0	
5 Mobility impairment	0	0	0	0	0	0	0	
6 Psychological	1	0	0	0	0	0	0	
7 Visual	6	4	3	3	6	7	0	
8 Other	1	0	1	0	0	2	2	
	<i>n</i> 91	72	72	72	65	59	47	

Table 1 Student Characteristics (Continued 3)								
Student Characteristics		1998	1999	2000	2001	2002	2003	2004
		COP	COP	COP	COP	COP	COP	COP
		%	%	%	%	%	%	%
Residence Prior to Attending UHM								
1 Hawaii		100	100	100	100	100	100	100
2 Mainland US		0	0	0	0	0	0	0
3 Outside US		0	0	0	0	0	0	0
	<i>n</i>	91	74	77	72	65	59	48
Citizenship								
1 US		95	92	92	94	91	95	96
2 Nonimmigrant		0	0	0	1	0	0	0
3 Permanent resident (green card)		6	8	8	4	9	5	4
	<i>n</i>	91	74	77	72	65	59	48
Grades in High School								
1 "A+, A		6	10	5	3	5	11	4
2 A-		12	14	13	14	15	14	6
3 B+		22	22	25	13	25	18	26
4 B		23	26	12	25	23	28	28
5 B-		13	10	12	10	6	9	11
6 C+		18	15	18	21	19	11	21
7 C, C-		6	5	12	14	3	11	4
8 D+,D,D-		0	0	0	0	0	0	0
9 Not Applicable		1	0	3	1	2	0	0
	<i>n</i>	91	74	76	72	65	59	47
							COP 04	
Student Characteristics							%	Total
							Yes	n
Student Category								
1 College Opportunities Program							100	47
2 Bridge to Hope							0	0
3 Received tuition waiver							34	17
4 UH Regents Scholarship							0	0
5 UH Presidential Scholarship							0	0
6 None of the above							0	0

Table 1 Student Characteristics (Continued 4)								
Student Characteristics	1998	1999	2000	2001	2002	2003	2004	
	COP	COP	COP	COP	COP	COP	COP	COP
	%	%	%	%	%	%	%	%
Parents Graduated From College								
1 No	58	55	59	75	66	78	57	
2 Both parents	13	22	15	14	14	14	13	
3 Father only	11	11	12	7	12	5	11	
4 Mother only	18	12	15	4	8	3	19	
	<i>n</i>	91	74	76	72	65	59	47
Place of Residence This Semester								
1 Parents, relatives	3	3	7	1	0	0	0	
2 Other private room, apartment	0	0	0	0	0	0	0	
3 Campus housing	97	97	93	99	100	100	100	
	<i>n</i>	91	73	76	72	65	59	47
Distance from Campus								
1 Campus housing walking distance								94
2 Campus housing driving distance								0
3 Residence walking distance								6
4 Residence driving distance								0
	<i>n</i>							47
Table 2 Child Care								
Student Characteristics	1998	1999	2000	2001	2002	2003	2004	
	COP	COP	COP	COP	COP	COP	COP	COP
	%	%	%	%	%	%	%	%
Need Child Care While in Class								
1 No								100
2 Yes, infant (0-1 year)								0
3 Yes, toddler (1-2 years)								0
4 Yes, preschool (2-5 years)								0
5 Yes, school-age (5-10 years)								0
	<i>n</i>							47

Table 3 Selecting UHM								
Selecting UHM		1998	1999	2000	2001	2002	2003	2004
		COP	COP	COP	COP	COP	COP	COP
		%	%	%	%	%	%	%
When Decided to Attend UHM								
1 Before 10th grade		21	17	18	19	17	15	23
2 During 10th grade		3	4	1	4	3	7	2
3 During 11th grade		24	19	12	19	23	31	28
4 During 12th grade		48	57	64	56	54	41	45
5 After high school		3	3	5	1	3	7	2
6 While in or after college		0	0	0	0	0	0	0
		<i>n</i>	91	72	77	72	65	59
UHM First Choice								
1 Yes		71	62	68	62	83	70	72
2 Second choice		22	30	28	27	14	29	28
3 Third choice		2	7	0	9	3	2	0
4 Fourth choice or more		4	1	4	3	0	0	0
		<i>n</i>	91	74	76	72	65	59
Applied to Another Institution							%	No.
1 Yes							51	24
2 No							49	24
							100	48
							2004	
							COP	
If Applied, Accepted At These Institutions								
1 Accepted at second choice institution							68	13
2 Accepted at third choice institution							69	11
3 Accepted at fourth choice institution							50	3
Compared Financial Aid Offerings							%	No.
1 Yes							38	18
2 No							62	29
							100	47

Table 4 Satisfaction With Application Process								
					Percent			
				Satisfaction with Application Process	Strongly Agree			Total
					and Agree			No.
1	Overall, the admission application process went				83			<i>47</i>
	smoothly for me							
2	Overall, the financial aid application process went				70			<i>47</i>
	smoothly for me							
3	Overall, the housing application process went				59			<i>41</i>
	smoothly for me							

Reasons for Attending UHM	COP 98		COP 99		COP 00		COP 01		COP 02		COP 03		COP 04	
	%	Total	%	Total	%	Total	%	Total	%	Total	%	Total	%	Total
	Yes	n	Yes	n	Yes	n	Yes	n	Yes	n	Yes	n	Yes	n
1 Good academic reputation	29	26	30	49	27	21	29	21	31	20	36	21	38	19
2 UHM is close to home	78	71	66	49	69	53	68	49	71	46	71	42	76	38
3 Good courses/programs	44	40	41	30	44	34	40	29	71	20	46	27	34	17
4 Good educational and recreational facilities	19	17	20	15	29	22	22	16	23	15	19	11	20	10
5 Financial aid/scholarship offered	28	25	27	20	34	26	36	26	35	23	25	15	30	15
6 Friends wanted me to attend	2	2	7	5	4	3	4	3	6	4	7	4	4	2
7 Availability of housing	7	6	3	2	3	2	6	4	3	2	2	1	2	1
8 Low tuition	26	24	28	21	27	21	31	22	34	22	36	21	36	18
9 Only local college option	8	7	4	3	10	8	6	4	8	5	2	1	2	1
10 Parents/relatives encouraged me	36	33	30	22	30	23	29	21	26	17	22	13	38	19
11 Size of UHM was right for me	3	3	14	10	4	3	6	4	5	3	14	8	0	0
12 Geographic location	11	10	16	12	9	7	14	10	12	8	14	8	8	4
13 Safe campus	1	1	4	3	1	1	3	2	3	2	0	0	0	0
14 Other	13	12	5	4	9	7	8	6	11	7	7	4	6	3

Table 6 Factors Influencing Decision to Attend UHM		
	Percent	
People Who Influenced Students to Attend UHM	Very Much	
	and Much	No.
1 Contact with high school counselor	71	31
2 Contact with high school teacher	66	29
3 Contact with community college/university counselor	33	9
4 Contact with UHM admissions staff	17	4
5 Contact with UHM faculty	22	5
6 Contact with UHM student	63	20
7 Contact with UHM coach	20	3
8 Contact with UHM alumni	67	16
9 Parents or guardians	85	39
10 Other family members	77	30
11 Friends	67	30
	Percent	
Products Which Influenced Students to Attend UHM	Very Much	
	and Much	No.
1 UHM Web site	30	9
2 UHM Catalog	30	10
3 UHM video in high school resource room	12	3
4 College Guidebooks and Rankings	23	7
5 UHM recruitment handouts and mailings	41	15
	Percent	
Activities Which Influenced Students to Attend UHM	Very Much	
	and Much	No.
1 Visit to your high school by UHM admission counselors	56	23
2 Visit to your community college/university by UHM admission officers	28	7
3 College Fair	46	15
4 Call from UHM student representative	44	10
5 The Manoa Experience Program (for student and family)	32	6
6 Rainbow Bridge Program (for transfer students)	15	2
7 Open House at UHM	33	5
8 Campus tour	41	12

Table 7 Other Attitudes			
Academic and Student Development	Percent Strongly Agree and Agree	Group	No.
1 I feel proud being a UHM student	95	COP 98	91
	91	COP 99	74
	88	COP 00	77
	94	COP 01	72
	94	COP 02	65
	93	COP 03	59
	96	COP 04	45
2 I used the Internet/Web page to obtain information about UHM	18	COP 98	91
	30	COP 99	73
	39	COP 00	77
	33	COP 01	72
	48	COP 02	65
	54	COP 03	59
	72	COP 04	33
3 UHM is known for its international programs	61	COP 98	91
	53	COP 99	74
	49	COP 00	77
	44	COP 01	72
	65	COP 02	65
	60	COP 03	59
	60	COP 04	28

Table 9 Main Reason For Going To College

Main Reason For going To College	COP 98		COP 99		COP 00		COP 01		COP 02		COP 03		COP 04	
	%	Total	%	Total	%	Total	%	Total	%	Total	%	Total	%	Total
	Yes	n	Yes	n	Yes	n	Yes	n	Yes	n	Yes	n	Yes	n
1 Get a better job	42	37	28	21	41	31	33	22	39	25	44	25	30	14
2 Gain a general education	15	13	20	15	15	11	15	10	15	10	7	4	9	4
3 Next logical step after high school	11	10	12	9	11	8	11	7	5	3	19	11	21	10
4 Learn critical thinking skills	1	1	3	2	0	0	2	1	0	0	0	0	0	0
5 Make more money	12	11	5	4	8	6	8	5	14	9	9	5	9	4
6 Meet new, interesting people	1	1	1	1	0	0	3	2	0	0	0	0	2	1
7 Prepare for graduate school	3	3	10	7	5	4	6	4	5	3	5	3	4	2
8 Develop myself generally	11	10	16	12	17	13	20	13	12	8	7	4	19	9
9 Satisfy my parents	1	1	1	1	0	0	0	0	0	0	2	1	0	0
10 Engage in sports	0	0	1	1	1	1	0	0	2	1	2	1	0	0
11 Other	2	2	1	1	3	2	3	2	6	4	5	3	6	3

Table 10 Intended Area of Major										
				1998	1999	2000	2001	2002	2003	2004
Intended Area of Major				COP	COP	COP	COP	COP	COP	COP
				%	%	%	%	%	%	%
1	Architecture			0	1	1	1	4	2	0
2	Asian/Pacific/Hawaiian Studies			2	3	3	1	2	0	2
3	Arts and Humanities			7	0	5	6	4	4	2
4	Business Administration			7	15	7	10	11	8	11
5	Computer Science			11	4	9	6	9	6	0
6	Education			7	6	14	11	2	6	11
7	Engineering			8	4	4	4	9	2	17
8	Language, Linguistics, Literature			0	0	0	3	0	2	0
9	Liberal Studies			5	0	4	3	2	4	2
10	Medicine (including med tech, sp path/aud)			12	19	9	13	7	12	7
11	Natural Sciences			1	1	3	1	2	2	2
12	Nursing			10	13	10	13	9	16	13
13	Physical Sciences			1	3	1	0	4	0	2
14	Social Sciences			7	6	8	3	4	6	4
15	Social Work			3	3	3	0	2	2	0
16	Travel Industry Management			5	3	3	3	0	2	2
17	Other			1	8	4	18	11	12	9
18	Undecided			14	11	13	4	17	12	15
			<i>n</i>	89	72	77	72	65	59	46

Table 11 Academic Degrees										
Academic Degrees				1998	1999	2000	2001	2002	2003	2004
				COP	COP	COP	COP	COP	COP	COP
				%	%	%	%	%	%	%
Highest Academic Degree Obtain from UHM										
1	I do not expect to obtain a degree			1	0	3	3	2	3	2
2	Bachelor's			46	42	39	44	46	39	40
3	Professional diploma (education)			3	3	12	3	2	3	9
4	Master's			29	35	27	26	34	25	43
5	First professional (law, med, etc.)			11	12	10	14	8	10	0
6	Doctoral			10	4	9	8	5	14	6
7	Other			0	4	0	1	5	5	0
<i>n</i>				91	74	77	72	65	59	47
Highest Academic Degree Obtain from Any Higher Education Institution										
1	I do not expect to obtain a degree			7	7	5	10	6	10	6
2	Bachelor's			20	16	33	16	27	19	13
3	Professional diploma (education)			2	3	3	6	2	2	9
4	Master's			44	35	36	32	34	32	40
5	First professional (law, med, etc.)			16	15	10	14	9	14	9
6	Doctoral			11	22	13	21	19	19	17
7	Other			0	3	0	1	3	5	6
<i>n</i>				89	74	77	72	65	59	47

Table 12 Years To Bachelor's Degree										
				1998	1999	2000	2001	2002	2003	2004
Years To Bachelor's Degree				COP	COP	COP	COP	COP	COP	COP
				%	%	%	%	%	%	%
Median Years				4	4	4	4	4	4	4
<i>n</i>				91	73	75	72	65	59	44

Table 13 Barrier to Career Goals										
				1998	1999	2000	2001	2002	2003	2004
Barrier to Career Goal				COP	COP	COP	COP	COP	COP	COP
				%	%	%	%	%	%	%
Major Barrier to Career Goals										
1	Personal finances			58	49	51	54	56	53	60
2	Inability to manage time			6	12	13	15	0	12	4
3	Discrimination			0	1	0	0	2	0	0
4	Family conflicts			1	0	1	3	0	0	0
5	Lack of direction			6	1	5	1	5	9	2
6	Lack of ability			7	1	7	1	2	2	0
7	Lack of motivation			3	12	13	6	3	2	21
8	Limited job availability			2	3	0	4	5	5	0
9	Other			1	3	1	1	5	2	0
10	None/no barrier			17	18	9	14	24	16	13
<i>n</i>				91	74	77	72	65	59	47

Table 14 Most Likely Reason for Leaving the University														
Most Likely Reason for Leaving the University Without Earning a Degree								1998	1999	2000	2001	2002	2003	2004
								COP	COP	COP	COP	COP	COP	COP
								%	%	%	%	%	%	%
1	None. I am certain that I will earn a degree							32	28	36	36	32	29	38
2	Transfer to another institution							39	35	28	28	38	29	30
3	Job/family relocation							0	1	1	0	0	0	0
4	Accept a good job							2	7	8	6	6	12	0
5	Enter military service							0	0	1	3	3	0	2
6	Cost more than my family or I could afford							28	26	17	20	16	20	21
7	Marriage							0	0	1	0	2	2	0
8	Disinterest in study							0	0	0	4	0	5	4
9	Lack of academic ability							0	0	5	1	2	2	0
10	Insufficient reading/study skills							0	0	0	0	2	2	0
11	Other							0	3	3	3	0	0	4
	<i>n</i>							91	74	76	72	65	59	47

Table 15 College Expectations				
		Percent		
		Strongly	Group	Total
	College Expectations	Agree		No.
		and Agree		
1	The last institution I attended (e.g., high school, community college, university)	52	COP 98	91
		55	COP 99	74
	prepared me well for college	59	COP 00	77
		60	COP 01	72
		48	COP 02	65
		50	COP 03	59
		55	COP 04	47
2	I will likely end up majoring in a different academic field from the one that now seems appropriate for me	26	COP 98	90
		28	COP 99	74
		27	COP 00	77
		22	COP 01	72
		22	COP 02	65
		28	COP 03	59
		45	COP 04	47
3	I am concerned about my ability to finance my college education	84	COP 98	90
		74	COP 99	74
		75	COP 00	77
		71	COP 01	72
		83	COP 02	65
		80	COP 03	59
		70	COP 04	46
4	Chances are good that I will drop out temporarily before I complete a Bachelor's degree	2	COP 98	90
		5	COP 99	74
		9	COP 00	77
		3	COP 01	72
		5	COP 02	65
		15	COP 03	59
		11	COP 04	47

Table 15 College Expectations (Continued)

		Percent Strongly Agree and Agree	Group	Total No.
5	My family has always wanted me to go to college	86	COP 98	90
		93	COP 99	74
		95	COP 00	77
		87	COP 01	72
		92	COP 02	65
		82	COP 03	59
		87	COP 04	47
6	I do not anticipate problems getting the classes I want	26	COP 98	90
		38	COP 99	74
		34	COP 00	77
		35	COP 01	72
		48	COP 02	65
		33	COP 03	59
		27	COP 04	45
7	I expect to interact with faculty outside of class			
		57	COP 04	47
8	I expect to discuss my career plans and ambitions with faculty			
		67	COP 04	46
9	I will likely talk with faculty about course info (assignments, make up work, grades)			
		72	COP 04	46
10	I am not concerned about finding a job in my major field when I graduate	16	COP 98	90
		26	COP 99	74
		33	COP 00	76
		43	COP 01	72
		28	COP 02	65
		30	COP 03	59
		37	COP 04	46
11	I expect to leave Hawaii to find a job when I graduate	21	COP 98	90
		30	COP 99	74
		27	COP 00	77
		32	COP 01	72
		21	COP 02	65
		20	COP 03	59
		33	COP 04	46

Table 17 Student Employment							
Student Employment	1998	1999	2000	2001	2002	2003	2004
	COP	COP	COP	COP	COP	COP	COP
	%	%	%	%	%	%	%
Plan to Work During School Year							
1 No							13
2 Yes, on-campus							76
3 Yes, off-campus							0
4 Yes, on-campus and off-campus							11
	<i>n</i>						46
Anticipated Hours of Work Per Week							
Median	18	15	17	16	16	15	20
	<i>n</i>	91	71	72	72	65	59
Major Way of Finding a Job							
1 I already have a job	3	1	1	1	3	3	5
2 Family and friends	3	8	11	14	8	17	0
3 UHM's Employment Office	79	80	74	69	72	64	84
4 On my own without assistance	12	7	11	14	12	12	0
5 Other	2	4	4	1	5	3	11
	<i>n</i>	89	74	76	72	65	59
Most Important Reason for Working							
1 I do not plan to work	11	16	12	10	6	3	0
2 Obtain work experience	7	12	12	7	6	3	5
3 Meet academic requirement	1	1	1	1	3	0	0
4 Pay for expenses	73	58	62	67	62	86	92
5 Save or invest	8	12	13	14	22	5	0
6 Other	0	0	0	1	0	2	3
	<i>n</i>	90	74	77	72	65	59
Use of Currently Earned Wages							
1 Pay family expenses	9	0	0	5	6	4	16
2 Pay educational expenses	18	35	15	18	24	32	50
3 Pay personal expenses	68	64	84	72	68	60	32
4 Other	3	0	0	5	3	4	3
	<i>n</i>	30	25	25	22	29	38
Must Work at Least Part-Time to Stay in School							
1 Yes	65	47	49	49	54	73	63
2 No	35	53	51	51	46	28	37
	<i>n</i>	91	74	75	72	65	59

Table 18 Academic and Student Development			
Academic and Student Development	Percent Strongly Agree and Agree	Group	No.
1 I do not expect difficulty with math courses	11	COP 98	91
	21	COP 99	73
	15	COP 00	76
	29	COP 01	72
	25	COP 02	65
	15	COP 03	59
	27	COP 04	44
2 I would consider seeking time management training at UHM	51	COP 98	91
	66	COP 99	73
	59	COP 00	77
	52	COP 01	72
	49	COP 02	65
	46	COP 03	59
	50	COP 04	44
3 I am very familiar with how to do library research	55	COP 98	91
	55	COP 99	73
	49	COP 00	77
	55	COP 01	72
	57	COP 02	65
	54	COP 03	59
	46	COP 04	44
4 I am concerned about my oral communication skills	39	COP 98	91
	55	COP 99	73
	56	COP 00	77
	36	COP 01	72
	46	COP 02	65
	41	COP 03	59
	41	COP 04	44

Table 18 Academic and Student Development (Continued)			
Academic and Student Development	Percent Strongly Agree and Agree	Group	No.
5 I will do well in subjects requiring critical thinking skills	40	COP 98	91
	37	COP 99	73
	36	COP 00	77
	42	COP 01	72
	32	COP 02	65
	28	COP 03	59
	32	COP 04	44
6 I have good leadership skills compared with others my age	45	COP 98	91
	49	COP 99	73
	53	COP 00	76
	49	COP 01	72
	52	COP 02	65
	33	COP 03	59
	41	COP 04	44
7 I need training or assistance in learning skills, such as reading skills, note taking and listening skills	45	COP 98	91
	47	COP 99	73
	49	COP 00	77
	38	COP 01	72
	37	COP 02	65
	38	COP 03	59
	32	COP 04	44

Table 19 Support Services Needs							
	1998	1999	2000	2001	2002	2003	2004
Support Services Needs	COP	COP	COP	COP	COP	COP	COP
	%	%	%	%	%	%	%
Student Support							
1 Educational counseling	24	22	20	28	27	9	18
2 Vocational/career counseling	14	19	14	8	7	17	16
3 Personal counseling	2	4	3	3	7	6	9
4 Financial counseling	28	19	21	18	16	33	36
5 Advising on immigration regulations							0
6 None of the above							0
	<i>n</i>						44
						COP 04	
Would Attend Training Sessions						%	Total
						Yes	n
Academic Support							
1 Reading skills						18	9
2 Study skills						26	13
3 Writing skills						20	10
4 Math skills						24	12
5 Oral communication skills						20	10
6 Analytical skills						8	4
7 Interpersonal multicultural skills						6	3
8 Data/information searches on-line						2	1
9 Computer skills						16	8
10 Tutoring in a specific content/course						16	8
11 Conflict resolution						6	3
12 None of the above	<i>n</i>					40	20

Table 20 Student Adjustment			
Student Adjustment	Percent Strongly Agree and Agree	Group	Total No.
1 I feel confident that coming to UHM was the right decision for me	86	COP 04	44
2 I can handle highly stressful situations	54	COP 98	91
	55	COP 99	73
	49	COP 00	77
	48	COP 01	72
	52	COP 02	65
	40	COP 03	59
	66	COP 04	44
3 I expect to have a hard time adjusting to academic work at UHM	40	COP 98	91
	32	COP 99	73
	55	COP 00	77
	41	COP 01	72
	38	COP 02	65
	35	COP 03	59
	30	COP 04	44
4 Getting a low grade on an assignment makes me feel like giving up	17	COP 98	91
	26	COP 99	72
	33	COP 00	77
	19	COP 01	72
	19	COP 02	65
	25	COP 03	59
	21	COP 04	44
5 I expect to be lonely during my first year at UHM	28	COP 98	91
	29	COP 99	73
	12	COP 00	77
	22	COP 01	72
	16	COP 02	65
	22	COP 03	59
	14	COP 04	44

Table 20 Student Adjustment (Continued)			
Student Adjustment	Percent	Group	No.
	Strongly Agree and Agree		
6 I prefer to handle my academic problems on my own	23	COP 98	91
	32	COP 99	73
	17	COP 00	77
	23	COP 01	72
	28	COP 02	65
	19	COP 03	59
	28	COP 04	43
	7 If I run into school problems, I have someone who would listen to me and help me	72	COP 98
75		COP 99	73
74		COP 00	77
76		COP 01	72
81		COP 02	65
75		COP 03	59
75		COP 04	44
8 When I don't do well on a test I take it as a challenge to improve		72	COP 98
	72	COP 99	73
	73	COP 00	77
	72	COP 01	72
	72	COP 02	65
	53	COP 03	59
	64	COP 04	44
	9 I have cheated on some aspect of my school work and tests	51	COP 98
30		COP 99	73
44		COP 00	77
39		COP 01	72
53		COP 02	65
44		COP 03	59
32		COP 04	44
10 I would not hesitate to visit the Counseling Center if I needed personal counseling		66	COP 98
	59	COP 99	73
	61	COP 00	77
	62	COP 01	72
	59	COP 02	65
	56	COP 03	59
	57	COP 04	44

Table 21 Computers										
				1998	1999	2000	2001	2002	2003	2004
Computers				COP	COP	COP	COP	COP	COP	COP
				%	%	%	%	%	%	%
Computer Available for Use at Home										
1	No			39	38	30	26	32	31	12
2	Yes, IBM/compatible			30	24	35	27	22	32	81
4	Yes, Macintosh			9	6	11	11	11	3	7
6	Yes, other			22	31	25	35	35	34	0
			<i>n</i>	91	74	76	72	65	59	43
Access to the Internet										
1	No									3
2	Yes, via dialup modem									26
3	Yes, via broadband (cable modem/ Roadrunner, DSL, dorm network)									71
			<i>n</i>							38
Wireless (WiFi, 802.11) Capability										
1	No									40
2	Yes									24
3	Don't know									37
			<i>n</i>							38
Average Hours Spent Per Week on the Internet										
	Median			0	1	3	3	5	7	6
			<i>n</i>	91	73	74	72	65	59	42

Table 22 Computer Skills

	Percent	Group	Total
Computer Skills	Strongly Agree and Agree		No.
1 I am confident about my word processing skills	55	COP 98	91
	57	COP 99	74
	46	COP 00	77
	67	COP 01	72
	45	COP 02	65
	73	COP 03	59
	74	COP 04	43
2 I know how to develop spreadsheets	54	COP 98	91
	35	COP 99	74
	26	COP 00	77
	35	COP 01	72
	40	COP 02	65
	37	COP 03	59
	47	COP 04	43
3 I feel comfortable navigating the World Wide Web	59	COP 98	91
	53	COP 99	74
	64	COP 00	77
	73	COP 01	72
	79	COP 02	65
	76	COP 03	59
	74	COP 04	43
4 I check the Internet at least once a day	25	COP 98	91
	31	COP 99	74
	36	COP 00	77
	39	COP 01	72
	40	COP 02	65
	58	COP 03	59
	65	COP 04	43
5 I know how to use electronic mail (E-mail)	54	COP 98	91
	69	COP 99	74
	70	COP 00	77
	78	COP 01	72
	82	COP 02	65
	81	COP 03	59
	72	COP 04	43
6 I expect to use campus computer resources	93	COP 98	90
	88	COP 99	74
	82	COP 00	74

Table 23 Culture and Diversity			
	Percent		
	Strongly	Group	Total
Culture and Diversity	Agree		No.
	and Agree		
1 I keep up with current events world-wide	32	COP 98	91
	37	COP 99	74
	39	COP 00	77
	24	COP 01	72
	28	COP 02	65
	25	COP 03	59
	26	COP 04	43
2 I can speak a language other than English well	39	COP 98	91
	38	COP 99	74
	25	COP 00	76
	25	COP 01	72
	16	COP 02	65
	28	COP 03	59
	19	COP 04	43
3 I discuss topics related to cultural awareness with friends	31	COP 98	91
	33	COP 99	74
	27	COP 00	77
	41	COP 01	72
	26	COP 02	65
	26	COP 03	59
	35	COP 04	43
4 Most of my friends are of my own race	39	COP 98	91
	33	COP 99	74
	47	COP 00	76
	30	COP 01	72
	26	COP 02	65
	22	COP 03	59
	33	COP 04	43
5 I have a close friend who is not of my race	73	COP 98	91
	78	COP 99	74
	66	COP 00	77
	71	COP 01	72
	74	COP 02	65
	82	COP 03	59
	67	COP 04	43

Table 23 Culture and Diversity (Continued)			
	Percent Strongly Agree and Agree	Group	Total No.
6	I am looking forward to meeting people different from me at UHM		
		95	COP 98
		92	COP 99
		94	COP 00
		93	COP 01
		90	COP 02
		88	COP 03
		74	COP 04
7	I am interested in taking classes on the history and culture of my own ethnic group		
		59	COP 98
		61	COP 99
		57	COP 00
		60	COP 01
		49	COP 02
		56	COP 03
		63	COP 04
8	Affirmative action is a useful tool for correcting injustices against racial minorities		
		58	COP 98
		66	COP 99
		55	COP 00
		61	COP 01
		58	COP 02
		64	COP 03
		49	COP 04
9	I support the Hawaiian sovereignty movement		
		24	COP 98
		24	COP 99
		30	COP 00
		35	COP 01
		36	COP 02
		34	COP 03
		30	COP 04

Table 24 Sexual Orientation			
	Percent		
	Strongly	Group	Total
Sexual Orientation	Agree		No.
	and Agree		
1 I would like to attend campus programs,	23	COP 98	91
such as films or speakers, that deal	30	COP 99	73
with sexual orientation issues	16	COP 00	77
	19	COP 01	72
	20	COP 02	65
	9	COP 03	59
	12	COP 04	43
2 I would like to be part of a campus	4	COP 98	91
organization for lesbians, gay, bisexual	6	COP 99	73
and transgender persons	0	COP 00	77
	4	COP 01	72
	0	COP 02	65
	3	COP 03	59
	2	COP 04	43
3 I have lesbian friends	30	COP 98	90
	32	COP 99	73
	33	COP 00	77
	41	COP 01	72
	40	COP 02	65
	41	COP 03	59
	28	COP 04	43
4 I am not comfortable around gay persons	24	COP 98	91
	12	COP 99	73
	22	COP 00	76
	10	COP 01	72
	12	COP 02	65
	17	COP 03	59
	23	COP 04	43

Table 24 Sexual Orientation (Continued)

	Percent	Group	Total
Sexual Orientation	Strongly		No.
	Agree		
	and Agree		
5 Individuals have a right to live their lives as	78	COP 98	90
others do regardless of their sexual	75	COP 99	71
orientation	74	COP 00	77
	79	COP 01	72
	83	COP 02	65
	76	COP 03	59
	70	COP 04	43
6 I do not approve of gay and/or lesbian	22	COP 98	91
sexual orientations	11	COP 99	72
	16	COP 00	77
	17	COP 01	72
	17	COP 02	65
	21	COP 03	59
	21	COP 04	43
7 I have gay friends	50	COP 04	42
8 It would bother me to be friends with	14	COP 98	91
a bisexual	11	COP 99	73
	13	COP 00	77
	8	COP 01	72
	6	COP 02	65
	16	COP 03	59
	23	COP 04	43

Table 25 Political Preference							
Political Preference	1998	1999	2000	2001	2002	2003	2004
	COP	COP	COP	COP	COP	COP	COP
	%	%	%	%	%	%	%
1 Very Liberal	4	10	7	11	6	7	7
2 Liberal	13	19	16	11	17	14	5
3 Middle-of-the-road	56	48	57	58	63	48	65
4 Conservative	22	18	16	19	11	26	21
5 Very Conservative	4	6	5	0	3	5	2
<i>n</i>	90	73	77	72	65	59	43

Table 26 Political Views			
Political Views	Percent Strongly Agree and Agree	Group	Total No.
1 I spend time trying to make sense of political issues	26	COP 04	43
2 I have a definite stand on where the government should be heading	17	COP 04	42

Table 27 Religious Preference							
Religious Preference	1998	1999	2000	2001	2002	2003	2004
	COP	COP	COP	COP	COP	COP	COP
	%	%	%	%	%	%	%
1 Buddhist	2	7	1	3	2	7	0
2 Jewish	1	0	0	0	0	0	0
3 Protestant	7	8	9	6	8	7	30
4 Roman Catholic	50	45	38	38	36	33	47
5 No affiliation or preference	17	23	25	18	38	22	21
6 Other	23	16	26	35	17	31	2
<i>n</i>	90	73	76	72	65	59	43

Table 28 Religious Views			
Religious Views	Percent Strongly Agree and Agree	Group	Total No.
1 Religion is important in my life	65	COP 98	91
	58	COP 99	74
	60	COP 00	77
	59	COP 01	72
	55	COP 02	65
	54	COP 03	59
	63	COP 04	43
2 I am tolerant of other religions	57	COP 98	91
	58	COP 99	74
	47	COP 00	77
	59	COP 01	72
	66	COP 02	65
	61	COP 03	59
	56	COP 04	43
3 I am aware of the beliefs of religions other than my own	80	COP 98	90
	67	COP 99	73
	61	COP 00	77
	72	COP 01	72
	69	COP 02	65
	70	COP 03	59
	61	COP 04	43

Table 29 New Student Orientation		
New Student Orientation		2004 COP %
Attended New Student Orientation		
1 Yes		17
2 No		83
	<i>n</i>	42
Reason Did Not Attend NSS		
1 Not aware of the event		4
2 Planned to attend but forgot		7
3 Would not benefit from it		0
4 Arrived on Oahu after sessions		0
5 Time schedule not convenient		7
6 Not a requirement to attend		7
7 It is mainly for the academically under prepared		0
8 Job prevented attendance		0
9 Already oriented from past activities		29
10 Parking too much of a hassle		0
11 Other		46
	<i>n</i>	28

Table 30 Deterrent to Involvement in Campus Life							
Deterrent to Involvement in Campus Life	1998 COP %	1999 COP %	2000 COP %	2001 COP %	2002 COP %	2003 COP %	2004 COP %
1 None. I am already quite involved	1	4	8	6	7	8	0
2 Need the time to study	41	54	40	51	38	45	19
3 Work Schedule	2	4	7	4	5	4	37
4 Family commitments	2	5	4	4	0	2	5
5 Friends are off-campus	8	1	5	13	17	4	5
6 Shyness	10	3	20	6	14	9	7
7 Transportation concerns	2	4	5	6	2	8	12
8 Commuting distance	1	1	0	1	0	0	0
9 Unsure of how to get involved	17	19	9	6	12	15	0
<i>n</i>	90	74	77	72	65	59	43

Table 31 Co-Curricular Activities			
Co-Curricular Activities	Percent Strongly Agree and Agree	Group	Total No.
1 I would like to join a club or organization related to my career or academic pursuits	85	COP 98	91
	64	COP 99	73
	73	COP 00	77
	67	COP 01	72
	78	COP 02	65
	73	COP 03	59
	71	COP 04	42
2 I am interested in volunteering my time on or off-campus	58	COP 98	91
	43	COP 99	73
	53	COP 00	77
	44	COP 01	72
	47	COP 02	65
	58	COP 03	59
	52	COP 04	42
3 I closely follow one or more UHM athletic teams	41	COP 98	91
	27	COP 99	73
	40	COP 00	77
	36	COP 01	72
	49	COP 02	65
	42	COP 03	59
	50	COP 04	42

Table 32 Civic Responsibility During the Past Year				
		Percent		
Civic Responsibility		Strongly	Group	Total
		Agree		No.
		and Agree		
1	I tried to keep current on political affairs	37	COP 98	91
		27	COP 99	73
		26	COP 00	77
		17	COP 01	72
		27	COP 02	65
		24	COP 03	59
		40	COP 04	40
2	I took a leadership role in a group, class, team, organization or event	65	COP 98	91
		60	COP 99	73
		51	COP 00	77
		64	COP 01	72
		64	COP 02	65
		59	COP 03	59
		58	COP 04	43
3	I participated in a campus demonstration, march or protest	10	COP 98	91
		15	COP 99	73
		10	COP 00	77
		25	COP 01	72
		14	COP 02	65
		16	COP 03	59
		19	COP 04	42
4	I participated in projects to clean up the environment	52	COP 98	91
		63	COP 99	73
		62	COP 00	77
		55	COP 01	72
		63	COP 02	65
		50	COP 03	59
		54	COP 04	43
5	I helped others when they were in difficulty	87	COP 98	91
		74	COP 99	73
		83	COP 00	77
		75	COP 01	72
		91	COP 02	65
		83	COP 03	59
		67	COP 04	43

Table 32 Civic Responsibility During the Past Year (Continued)

Civic Responsibility		Percent Strongly Agree and Agree	Group	Total No.
6	I tutored other students	48	COP 98	91
		53	COP 99	73
		46	COP 00	77
		53	COP 01	72
		64	COP 02	65
		59	COP 03	59
		35	COP 04	43
7	I voted in a student election	68	COP 98	91
		73	COP 99	73
		69	COP 00	77
		62	COP 01	72
		70	COP 02	65
		64	COP 03	59
		56	COP 04	43
8	I performed volunteer work	77	COP 98	91
		71	COP 99	73
		73	COP 00	77
		78	COP 01	72
		76	COP 02	65
		67	COP 03	59

Table 33 Health and Wellness Activities

Health and Wellness Activities		COP 98		COP 99		COP 00		COP 01		COP 02		COP 03		COP 04	
		%	Total	%	Total	%	Total	%	Total	%	Total	%	Total	%	Total
		Yes	n	Yes	n	Yes	n	Yes	n	Yes	n	Yes	n	Yes	n
1	I have health insurance	90	82	92	67	92	71	96	68	95	59	95	56	82	41
2	I get at least 7-8 hours of sleep most nights	56	51	47	34	56	43	47	33	44	27	43	25	42	21
3	In the past month, I used marijuana	10	9	16	12	18	14	20	14	25	15	16	9	14	7
4	I use tobacco (smoke cigarettes or cigars or chew) regularly	15	14	8	6	12	9	17	12	12	7	4	2	14	7
5	In the past month, I drank five or more alcoholic drinks in one occasion	26	24	26	19	29	22	34	24	48	28	24	14	24	12
6	In the past year, I have experienced depression for 2 weeks or longer													16	8
7	I am overweight according to medical charts or my doctor	22	20	37	26	26	20	37	26	26	15	29	16	20	10
8	I eat 1,000 or fewer calories a day on most days 1/	13	12	18	13	17	13	30	21	31	17	19	10	8	4
9	I eat breakfast on most mornings													20	10
10	I have received the series of three vaccinations against Hepatitis B													48	24

1/ In 2004 changed from "500" to "1,000" calories.

Table 33 Health and Wellness Activities (Continued)

Health and Wellness Activities		COP 98		COP 99		COP 00		COP 01		COP 02		COP 03		COP 04	
		%	Total	%	Total	%	Total	%	Total	%	Total	%	Total	%	Total
		Yes	n	Yes	n	Yes	n	Yes	n	Yes	n	Yes	n	Yes	n
11	I have been forced to have sexual intercourse by someone I know	4	4	6	4	7	5	7	5	7	4	9	5	2	1
12	I eat a healthy balanced diet	53	48	36	26	36	27	38	27	36	20	40	21	20	10
13	In the past month, I vomited or took laxatives or diet pills to keep from gaining weight	2	2	6	4	4	3	3	2	9	5	4	2	6	3
14	In the past year, I have used ice or crystal methamphetamine 2/	0	0	4	3	0	0	4	3	0	0	0	0	0	0
15	I have considered suicide	22	20	30	22	25	19	25	17	21	12	26	13	6	3
16	I get at least 30 minutes of exercise each day for at least 5 days a week	44	39	42	30	47	36	48	34	48	26	31	15	36	18
17	I am sexually active (have intercourse or oral sex)	50	45	57	41	49	38	34	24	51	26	50	24	38	19
18	I am sexually active and practice safe sex with someone whom I know has no other partners and does not have a sexually transmitted disease	71	29	81	29	70	23	75	18	65	13	86	18	34	17
19	In the past year I have gambled (bet on sport events, cards, dice, darts, casino games, etc.)													28	14
20	In the past year, I have gambled on the Internet													0	0
21	I have difficulty placing limits on gambling													6	3

2/ In 2004 changed from "in the last month" to "in the past year."