Dr. Charmaine Higa-McMillan is an Associate Professor of Psychology at UH-Hilo. Dr. Higa-McMillan is the Director of the BEST (Bridging Evidence and Services Together) for Keiki Program, which examines ways to build better bridges between science and practice in youth mental health. Her research examines childhood stress, anxiety, and depression and the dissemination and implementation of evidence-based services.

Amelia Kotte, Ph.D. joined the University of Hawaii in 2013 as the Honolulu Project Coordinator/Postdoctoral Fellow for the Ohana Heroes Project. Her research and clinical interests focus on the biological and psychosocial correlates of stress, and anxiety and mood disorders in child and adult populations. Dr. Kotte is also interested in treatment outcome and development, evidence-based treatments, and military psychology.

**Ohana Heroes Project Staff**

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This project is supported by funding from the Office of the Assistant Secretary of Defense for Health Affairs, Defense Health Program and is managed by the US Army Medical Research and Materiel Command
What is the purpose of this study?

Deployment creates changes in family roles and family functioning. Some families adapt easily to parental deployment whereas other families may struggle with these changes. To help understand what resources may be needed or developed to support families experiencing deployment, this study will examine the effects of deployment upon children and non-deployed spouses.

You and your child will be interviewed by our staff and complete surveys examining parent and child strengths, children's social and academic functioning, and overall family functioning. Biological and psychological measures of stress will also be collected. The study will last about 4-5 hours spread over one week.

Compensation: $100.00 cash

Who can participate in this study?

There are four types of families who can participate:

1) Military families with a deployed parent
2) Military families with no deployed parent
3) Civilian families with parents who are divorced or separated
4) Civilian families with two parents in the home

Parents and children between ages 7 and 17 can participate in this project.

How can I learn more about participating in this program?

If you are interested in learning more about this study, visit our website at www.ohanaheroes.com or send us an email at contact@ohanaheroes.com.

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